

SEEK2LEARN Montessori Nursery

Montessori activities - 2

1. Sensory Bottles (0-2 years):

- **Activity:** Fill a clear plastic bottle with coloured water and add a few drops of scented oil (e.g., lavender or vanilla). Securely seal the bottle and encourage the child to shake and smell the soothing scent.



- **Learning Objective:** Stimulate sensory exploration and promote relaxation.
- **Learning Outcome:** The child will engage their senses by observing the swirling colours and enjoying the calming scent, promoting relaxation and sensory awareness.

2. Sorting Activities (2-3 years):

- **Activity:** Provide a set of various shapes (e.g., circles, squares, triangles) made from different materials (e.g., foam, wood, plastic). Ask the child to sort the shapes into corresponding containers based on shape.



- **Learning Objective:** Develop cognitive skills such as shape recognition and sorting.
- **Learning Outcome:** The child will enhance their ability to recognize and differentiate between shapes while improving their sorting and categorization skills.

3. Practical Life Activities (3-5 years):

- **Activity:** Set up a buttoning board with large buttons and fabric loops. Demonstrate how to button and unbutton the fabric loops. Encourage the child to practice buttoning and unbuttoning independently.



- **Learning Objective:** Develop fine motor skills and promote independence.
- **Learning Outcome:** The child will refine their hand-eye coordination and finger dexterity while mastering the practical skill of buttoning, fostering independence and confidence.

4. Language Activities (4-6 years):

- **Activity:** Create a vocabulary scavenger hunt by hiding picture cards of objects around the room. Provide a list of words corresponding to the pictures and ask the child to find and match each object with its corresponding word.



- **Learning Objective:** Expand vocabulary and reinforce word-object association.
- **Learning Outcome:** The child will enhance their vocabulary and reinforce word-object association skills through a fun and engaging scavenger hunt activity.

5. Mathematics Activities (5-7 years):

- **Activity:** Provide a set of pattern blocks in different shapes and colours. Ask the child to create and extend patterns using the blocks (e.g., AB, AAB, AABB).



- **Learning Objective:** Introduce and reinforce patterning concepts.
- **Learning Outcome:** The child will develop pattern recognition skills and learn to create and extend various patterns, laying the foundation for understanding more complex mathematical concepts.

6. Sensorial Activities (6-8 years):

- **Activity:** Set up a blindfolded taste test with different types of fruits or snacks. Blindfold the child and provide small samples of each food, asking them to identify the foods based on taste alone.



- **Learning Objective:** Enhance sensory discrimination and awareness.
- **Learning Outcome:** The child will sharpen their sense of taste and develop their ability to identify different flavours, promoting sensory awareness and discrimination.

7. Nature Exploration (7-8 years):

- **Activity:** Create a nature journal and take the child on a nature walk. Encourage them to observe and sketch plants, insects, or animals they encounter along the way. Discuss their observations and record them in the journal.



- **Learning Objective:** Foster appreciation for the natural world and encourage scientific inquiry.
- **Learning Outcome:** The child will deepen their connection to nature through observation and exploration, developing their scientific inquiry skills and appreciation for the environment.

8. Art and Creativity (0-8 years):

- **Activity:** Provide a large sheet of paper and a variety of painting tools such as brushes, sponges, and stamps. Encourage the child to create a collaborative mural with family members or friends, expressing their creativity freely.



- **Learning Objective:** Encourage collaboration and self-expression through art.
- **Learning Outcome:** The child will collaborate with others to create a collective artwork, fostering teamwork and communication skills while expressing their individual creativity through painting and artistic expression.